

Adat Yeshua NR2 Food Bank Donation List – Thank You.

Donations with long 'best before' dates please.

As we are running from a synagogue building, please can you make sure there are no items that contain any pork, bacon, pork casings or pork gelatine (sometimes called Porcine gelatine) in the ingredients, and no shellfish including prawns, shrimps and crab. Thank you.

Here's a list of some items you could choose from:

- Cereals especially Weetabix or similar, family box cereal and boxes of golden syrup instant oats in sachets
- Long life milk (semi-skimmed or full fat)
- Tinned vegetables especially – baked beans, sweetcorn, carrots, garden peas, potatoes and tomatoes
- Tinned soup especially - chunky beef/lamb/chicken with vegetables
- Tinned tuna or salmon
- Tinned meat/chicken especially – stewed steak in gravy, chilli-con-carne, Irish stew, chicken curry, chicken hotdogs, corned beef
- Bolognese/Korma cooking sauces
- Microwavable rice especially - golden vegetable and basmati
- 1kg bags white rice
- Packets of pasta or spaghetti
- Pot Noodles/Instant noodles/pasta in a mug (pots)
- Red lentils
- Large tins/jars of coffee
- Tinned rice pudding, peach slices/fruit cocktail, custard
- Peanut butter, jam, chocolate spread
- Biscuits / crisps / bars of milk or white chocolate / children's sweets
- Dry dog food / tinned food
- Toiletries - shower gel, shampoo and conditioner, deodorant, wet wipes etc.
- Cleaning - all-purpose cleaner spray/wipes, laundry pods/sheets, toilet cleaner etc.

Strong, clean, hole-free carrier bags